



GoPals Charitable Trust #78
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SAC: Help a farmer feed a Calf for just RS 10

When we think of heroes, we often picture Soldiers, Doctors, and Teachers etc., no doubt they are. But there are heroes among us who are often overlooked: farmers. These hardworking men and women wake up every day to feed the world, ensuring that we have enough food on our tables. They toil under the hot sun and brave the elements, all to provide for their families and communities.

But the life of a farmer is not an easy one. They face countless challenges, from unpredictable weather patterns to volatile market prices. And when they struggle, their cows and calves suffer too. These animals are not just sources of milk, dung, and urine; they are beloved members of the farmer's family, and their well-being is of utmost importance.

The Initiative

Now, imagine being able to help a farmer in need by donating just 10 rupees a day. That is less than the cost of a cup of coffee, but it can make all the difference in the world. With your small contribution, a farmer can afford to feed his cows and calves, ensuring that they have enough food to thrive. Your donation will be used to create a fodder bank, providing the farmer with a reliable source of food for their cows. It will also be used to provide infrastructure, such as shelter and fencing, to keep the cows and calves safe and healthy. And finally, it will be used to pay caretakers of cows with livelihood, so that the cows receive proper care and attention.

Your small contribution may seem insignificant, but it can have a ripple effect that extends far beyond the farmer and their cows. When cows and calves are healthy, they produce more milk, dung, and urine, which can be sold, providing a source of income for the farmer. This, in turn, can help support the local economy and create a more sustainable food system.

Participate and Contribute

So, let us join together to support our farmers and their cows. Let us donate just 10 rupees a day (Rs.3650 pa) and be the heroes that these hardworking men and women deserve. Together, we can make a difference, one cow and calf at a time. It is a small price to pay for a brighter future for all.

Farmers who are benefiting from SAC.

- **Dhanapal, Kodumudi, Erode, Tamilnadu**

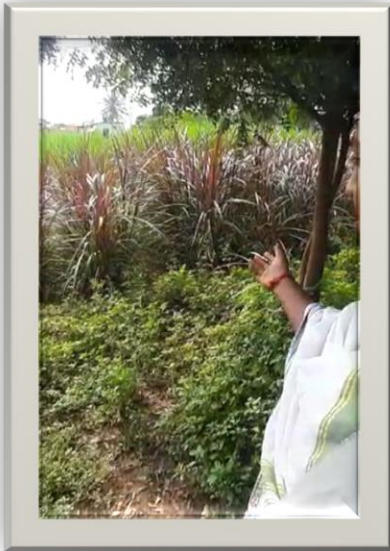
Dhanapal is a hardworking farmer from Kodumudi, who has dedicated his life feeding chemical free food to his community. But like many farmers, Dhanapal faces several challenges,



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such as a lack of access to water and reliable sources of fodder for his cows and calves. Fortunately, he found help from the SAC.



One of the ways SAC helped Dhanapal was by creating a fodder bank. This provided Dhanapal with a reliable source of food for his cows, even during times of scarcity. With access to quality feed, Dhanapal's cows and calves were able to stay healthy and productive, and he was able to increase his income by selling their dung and urine. SAC also helped Dhanapal preserve the local breed of cattle, Kangeyam. This breed is known for its hardiness and adaptability to the local climate.

Another way that SAC helped Dhanapal was by drilling a borewell on his farm. This provided Dhanapal with access to clean and reliable water, which is essential for crop growth and goshala management. With access to water, Dhanapal was able to expand his crop production, and his cows had access to fresh water at all times, ensuring their health and well-being.





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Lastly, SAC also provided an honorarium of Rs.54000 to a caretaker who was helping Dhanapal take care of his cows and calves. This provided the caretaker with a source of income, while also ensuring that the cows received proper care and attention.



Through these various initiatives, SAC was able to help Dhanapal overcome some of the key challenges that he faced as a farmer. By providing access to a fodder bank, a borewell, and supporting the caretaker, SAC helped Dhanapal to increase his yields, improve the quality of his crops and cows, and earn a better income. Thanks to SAC's support, Dhanapal was able to continue his vital work of feeding his community, and his farm was able to thrive.

- **Shivalinga, Batgera, Sedam, Karnataka**

Farmer Shivalinga comes from a gau grama called Batgera from Sedam with 900 desi cows, mainly consists of local breeds like Deoni, Khilari and Javari. Like many farmers in his community, he faced challenges in providing adequate nutrition and care for his cows due to the lack of access to water and quality fodder. Fortunately, he found help from the Sponsor a Calf (SAC) program.





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SAC helped Shivalinga in several ways. Firstly, we created a fodder bank, which provided him with a reliable source of high-quality feed for his cows even during times of scarcity. With access to nutritious feed, Shivalinga's cows and fellow farmers' cows were able to stay healthy and productive, and he was able to ensure their well-being.



SAC also installed a water tank in his village, providing Shivalinga and others with a reliable source of water for their cows. The water tank is now the primary water source for the cows in his village, ensuring that they have access to clean and fresh water at all times.

Furthermore, SAC provided an honorarium of Rs.54000 to a caretaker who was helping Shivalinga take care of his cows. This provided the caretaker with a source of income, while also ensuring that the cows received proper care and attention.

In addition to these initiatives, SAC distributed dry fodder to marginal farmers during summer, helping them provide adequate nutrition for their livestock during a challenging season.

Through these various initiatives, SAC was able to help Shivalinga overcome some of the key challenges he faced as a farmer. With access to quality feed and water, proper care for his



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livestock, and resources to help other farmers in his community, Shivalinga was able to improve his crop yields, ensure the health and well-being of his cows, and contribute to the overall growth of his community. SAC's support has made a significant impact on Shivalinga's life and farm, and he is grateful for their help.

- **Prashant Biradar & Hanamanth Budivanth, Keri Ambalga, Kalburgi, KA**

Farmers Prashant Biradar and Hanamanth Budivanth from Keri Ambala, Kalburgi, Karnataka were struggling with the lack of access to organic fertilizers for their crops. However, with the help of the Sponsor a Calf (SAC) program, GoPals initiate an organic input center in their village.

SAC contributed Rs.50,000 to set up the organic input center, which covered the purchase of raw materials and equipment needed for the project. As a result, farmers in Keri Ambala now have access to organic fertilizers at a very minimum cost. The initiative also created an entrepreneur and an agricultural expert in the village, who can help guide other farmers in the community towards sustainable agriculture practices.



Moreover, the initiative had a positive impact on the environment and the economy. With access to organic fertilizers, plants and cows are protected, leading to economic benefits for the farmers. Additionally, organic farming practices promote public health by reducing the use of harmful chemicals and pesticides.

The initiative also helped to preserve and develop the local breed of cows in the area, which is an important part of the cultural heritage of the community. Furthermore, it inspired two other villages to set up their own organic input centers with their own contributions under the guidance of the SAC team.

Thanks to the SAC program, farmers in Keri Ambala are now able to access organic fertilizers, improve their crop yields, and promote sustainable agriculture practices. The initiative has not only benefited the farmers but has also had a positive impact on the environment and the local economy. It is a shining example of how a small contribution can make a big difference in the lives of farmers and the community.



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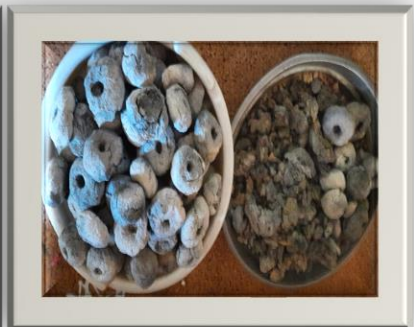


- **Periyasamy, Alwarkuruchi,
Tirunelveli, TN**

Periyasamy is a certified Panchagavya specialist who is rearing 5 Kangeyam cows and practicing cow-based natural farming. With the support of the Sponsor a Calf (SAC) program, he was able to lease a land for Gouadharith Krishi and set up a production unit for Panchagavya products.



Periyasamy now manufactures Gomaya products like tooth powder, Vibhuti, manure, headache balm, facial pack, and Gomaya Deepam, fulfilling the needs of the local population within the village. Additionally, he has cultivated chemical-free vegetables and native variety rice, contributing to the improvement in overall health of the villagers.





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He is also actively involved in creating awareness about the benefits of native cows in farming and in our day-to-day life. His initiative has not only helped him become self-sufficient but has also benefited the community by providing access to natural and organic products.

Through the SAC program, Periyasamy was able to utilize his expertise and passion for natural farming to create a sustainable source of income for himself and his community. The program has not only helped him promote cow-based natural farming but has also created a model for other farmers to follow.

Periyasamy's success story is an inspiring example of how the SAC program can help farmers become self-reliant and create a positive impact on their communities. It highlights the importance of promoting sustainable agriculture practices and utilizing the knowledge and skills of local farmers.

- **Muthu Kumar, Ravanasmudram, Tirunelveli, TN**

Muthu Swamy, a farmer from Ravanasmudram, Tirunelveli, TN, is another beneficiary of the Sponsor a Calf (SAC) program. With the support of the program, a Goshala was set up and fencing was installed around it. Additionally, a borewell was drilled to create a water source for all grazing cows in and around the village.

The impact of this support was significant. The Goshala provided a safe and secure environment for the cows to graze and stay, ensuring their well-being. The fencing around it prevented the cows from wandering off, and the borewell ensured a consistent supply of water for the cows to drink.



This initiative not only helped Muthu Swamy become self-sufficient but also benefited the entire community. With a consistent supply of water, all the grazing cows in and around the village could access it, improving their overall health and well-being.



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The SAC program's support helped Muthu Swamy set up a sustainable source of income and improved the livelihood of the community. The initiative also highlighted the importance of preserving local breeds of cows and providing them with a safe and secure environment.

Muthu Swamy's success story is an inspiring example of how the SAC

program can make a significant impact on the lives of farmers and their communities. It emphasizes the importance of promoting sustainable agricultural practices and preserving local breeds of cows for their economic, social, and cultural value.

- **Tirunelveli, Tamilnadu**



SAC's support for the farmers group from Tirunelveli has had a tremendous impact on the development of the Nellaikuttai breed of cows and the practice of natural farming in the region. With SAC's assistance, the farmers have been able to create a fodder bank and drill a borewell, which have ensured that their cows have access to water and green fodder. Additionally, SAC has provided an honorarium of Rs.50,000 to caretaker Ganapathi, who takes care of the cows and ensures their well-being.

But SAC's impact goes beyond just supporting the farmers in their cow rearing practices. The distribution of native seeds of Palm, Tamarind, and Coconut saplings has helped the farmers group in fostering Agroforestry and improving their livelihood. This initiative not only supports the farmers' sustainable agriculture practices but also contributes to the overall environmental conservation efforts in the region.



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SAC's support has not only benefited the farmers financially but has also given them a sense of pride in their native breeds and their way of life. The farmers group has also been an inspiration for other villages in the region to adopt natural farming and develop their local breeds. With SAC's continued support, the farmers group is well on its way to becoming a model for sustainable agriculture and cow rearing practices in the region.