



GoPals “One Day Farmer Challenge” Event Report
On February 25, 2024, at Madhava Srusti - Rashtrothana Goshala,
Near Ghati Subrahmanya, Doddaballapura District.

Event Schedule

SINo	Description	Time
1	Breakfast	8.00 AM – 8.30 AM
2	Participant Orientation & GoPals Introduction	8.30 AM – 9.00 AM
3	Farming Orientation, Farming Challenge	9.00 AM – 11.00 AM
4	Multilayered Farming – Farm bed preparation, Demonstration	11.00 AM – 12.00 PM
4	Goumaya Products Workshop	12.15 AM – 1.15 PM
5	Lunch	1.30 PM – 2.30 PM
6	Goshala Tour & Indian Breeds Explanation	2.30 PM – 4.00 PM
7	Conclusion and Feedback	4.00 PM – 4.15 PM

Nature of Activity

The event was conducted at Madhava Srusti-Rashtrothana Goshala, Doddaballapura on the outskirts of Bangalore. Spread across a vast 110 acres, the Rashtrothana Goshala houses cows belonging to various Indian breeds, sources the cow-fodder in-house and cultivates various crops through natural farming in-house.

The purpose of the event was to educate and provide a preliminary hands-on experience of natural farming using native cow-based fertilizers to the participants. This includes basic farming tasks like farm bed preparation, planting of seeds, irrigating the farm with water etc. Further also educate about multi-layered farming through which several fruits and vegetables can be grown in relatively smaller spaces.

The Start & Breakfast

The registered participants started assembling at the Goshala premises by around 8 AM. Given that the Goshala is on the outskirts of Bangalore, they were treated to a sumptuous breakfast of Chow-Chow bath, followed by tea. This prepared them for a tough day ahead on the field.



Participants Orientation & GoPals Introduction

After breakfast, the participants assembled in a circular shape along with GoPals volunteers, and introduced themselves. Post introduction, a brief overview of Team GoPals, its vision and objectives etc. was given by GoPals volunteers. Further, an overview of the proposed farming activity was given to them.



Farming Orientation, Farming challenge



After the initial chorus, it was time for some real action, which drove the participants to wake up early in the morning on Sunday to attend – the farming activity. The farming site was around 2 kms from Goshala. True to the spirit of the event, they were taken to the farming site on a Tractor. Mrs. **Priyanka**, who is an **Agriculturist** with Rashthrothana Goshala educated the tractor bound participants about the vast flora and fauna of the Goshala, including important trees, the cow-fodder cultivation site etc.



The farming site had two parts. One part had the soil bed already prepared by Rashthrothana Goshala Agriculture team, as part of Pre-event preparation. GoPals Agriculture team and Rashthrothana Goshala Agricultural team comprising Mrs. Priyanka and farmers, explained the participants about the farming tools, and the farmers demonstrated on how to prepare a soil bed for Napier grass cultivation.

After the theoretical session, it was time for some practical work on the field. The participants were divided into two teams:

- **Hallikar** team (named after Karnataka native cow breed) was tasked to do the ploughing of the field.
- **Amrutha Mahal** team (another Karnataka native cow breed) was tasked to prepare the seedlings for Napier grass cultivation.



The participants pursued the assigned tasks enthusiastically and started ploughing the field. The participation of diverse age, gender and age groups, including elders, women and children, mostly first timers in the field activity were very heart-warming to team GoPals. The dust emitted from the ground was proof of the active involvement of the crowd present.

After some hard work on the field, it was time for a quick refreshment before the next activity. Buttermilk, prepared using milk from Native cows at the Goshala was offered, which was well received.

Multilayered Farming – soil bed preparation, Demonstration

The next activity was about multi layered farming. It helps in cultivating multiple crops for fruits and vegetables within a relatively small area. Participants, who were distributed into groups in the previous farming activity were now clubbed into a single group. The farmer explained about how to prepare the soil bed, manure mix, crop cultivation etc. The participants followed the farmers' instructions diligently to prepare the soil bed.



The participants were taken to a in-house facility where multilayered farm was already developed and agriculturist Priyanka explained about how it was a good idea to pursue multi layer farming, what fruits and vegetables can be grown together etc.



Gomaya Products Workshop

After a hectic on-field activity, the participants stopped by a Banyan tree, where Sponsor A Calf (SAC) adopted farmer Periaswamy, GoPals volunteers **Nandhini ji** and **Srilakshmi ji** were present with their toolkit to conduct a workshop on preparation of Gomaya products like Diyas, and Ganesha Idols. It was a sit-through listening session under the shade of Banyan tree, offering relief to them, while learning about more practical applications of Gomaya, which can be used in day-to-day life. Some enthusiastic participants even got hands-on experience in preparing products.



Lunch - After a fairly hectic day in the field, it was time to have a sumptuous meal, and the participants eagerly queued up to grab their well-deserved meal.



Goshala Tour and Indian Native Breeds Explanation

Post lunch, the Rashthrothana Goshala person, Mr. Ram Chandra walked the participants through the Goshala, the various cow-sheds within the Goshala, the breeds present, how they are taken care etc.



Conclusion and Feedback

After a fairly hectic day. It was time to close the day at the Goshala. Mr. Jeevan, head of Rashthrothana Goshala had a few words of wisdom to the participants, about the importance of staying close to nature, the necessity to connect to the Gou Matha, the impact of food adulteration and the need to prevent the future generations from the after-effects of adulteration.



Outcome

Around 65 participants took part in the event. It was an enriching experience, as evident from the smiles on their faces, in the presence of nature, far away from the hustle and bustle of city life.



Glance **One Day Farmer Challenge** Event Photos [here](#)



Event Flyer



One Day Farmer Challenge

Activities

1. Know your Cow
2. Plough the soil (Tools or Cattle)
3. Vermi compost / Earthworm pit
4. Bullock cart / Tractor ride
5. Making Pancha Gavya products
6. Grass Castle / Fun Activities (for kids)

25 2024
Febraury
Sunday

8:00 AM to 3:00 PM

MADHAVA SRUSTI - Rashtrrothana Goshale
Sri Ghati Subramanya, Doddaballapura, Karnataka 561203

Registration Mandatory : 500/- +Taxes
Per person
Limited seats only First come First serve
*(Breakfast & Lunch will be provided)

<http://tinyurl.com/OneDayFarmer>
9900897956 / 9036187992 / 9632561110

Scan To Register



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